



# Miss Welk's First Grade Buzz

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## Keeping Physical Development in Physical Education and at HOME!

Throughout the month, we will be learning to stop and kick

a soccer ball! Your child will be learning the game of soccer and how it is played.

At home, you can have your child show you what they have learned and teach you how to play soccer!



## What we are doing to help make your child's school day easier!

- We are providing structure and keep with the same routines daily and weekly to give them a sense of stability and predictability.
- Praising them for doing good!
- Looking them in the eyes when they are telling us something very important. We take their concerns serious.
- Share stories!



## The Homework Blues-How to Make Homework "Easier"

- Break homework into chunks.
- Praise!!
- Work together on homework.
- Let them tell you what's going on in our classroom.
- Be consistent (time)
- Independent Reading!!



## INDEPENDENCE is Key

If you notice that your first grader is becoming socially independent, that's okay! They are known for it and we are trying to promote self control in our room. They still like to play in groups with their friends and that time will still be given. In our classroom, we will be continuing to have activities that require some social interactions and cooperation and also have them have their own self control for certain circumstances.



## Did you know?!

First graders are learning how to extend their learning span. They start to stay focused for longer periods of time. Children at this age always want to finish what they start! That's great news!!

## Ideas for at Home!

- Let your child help you with cooking and baking(math)
- Backyard Science: children engage in these kinds of activities. Let them classify, observe and experiment with what they "find".
- Play games that discriminate between size, shape and color! (card games)



## Books to Read at Home!

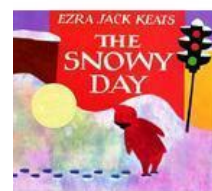
*Big Red Lollipop*

By: Rukhsana Khan Illustrated by Sophie Blackall



*The Snowy Day*

By: Ezra Jack Keats



*Junie B. Jones Books*

By: Barbara Park



*The Very Hungry Caterpillar*

By: Eric Carle

